

Parents and Carers Training Programme 2018-19

Moving forward in the Early Years (2 – 5 years)

For parents of children with Autistic Spectrum Disorder (ASD) and/or Social Communication Difficulties (SCD)



Who are the sessions for?

- These sessions are for Parents and Carers of children aged 2 – 5 years
 - You may wish to attend if your child has difficulties in the way they understand and use social communication.
 - Your child does not need to have a diagnosis of ASD.
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What are Social Communication Difficulties?

Children with Social Communication Difficulties and Autistic Spectrum Disorders may have difficulties in the following areas:

- Social Communication and interaction
- Restricted, repetitive patterns of behaviour, interests or activities (including sensory behaviours and interests)

What will we learn about?

This series of six sessions will help you learn different ways to support your child's communication, play and early learning skills, self help skills and behaviour.

The sessions will help you to:

- Understand and know how to best support your child
- Improve communication with your child
- Support your child's early play and learning skills
- Support your child's self-help skills (toileting, getting dressed etc.)
- Develop strategies to pre-empt problem behaviours and/or manage those which do occur
- Find out about local supporting agencies and service

What will be covered?

SESSIONS

Session 1

Introduce your child and what makes them 'tick'.
What is Autistic Spectrum Disorder?

Session 2

Developing communication skills

Session 3

Play- sensory play and structuring learning

Session 4

Developing self-help skills- dressing, toileting, eating and drinking, sleeping

Session 5

Understanding and supporting your child's behaviour

Session 6

Understanding and supporting your child's behaviour (2)
Reflections on what we have learnt

Who are the presenters?

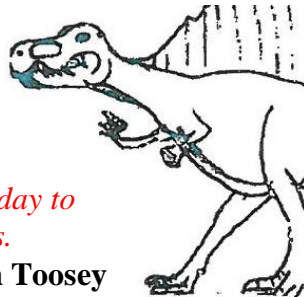
The sessions will be run by the Local Authority's Inclusion and Intervention Team.

Where and when will it be run?

- The Rowans Children's Centre, Fullers Slade
- Wednesday mornings during term time
- 9.30am-12 noon

*I need a space in my day to
think about dinosaurs.*

William Toosey



How do I apply for this training?

- You will be expected to attend all six sessions
- Parents/Carers are welcome to invite a friend or keyworker from a setting that the child is attending
- You do not need a professional to refer you for this course
- Places will be allocated on a first come first served basis.
- Please be aware that this course is often oversubscribed. There is a waiting list system in operation
- Please give notice in advance if your attendance from any sessions needs to be cancelled

Please Note: sessions are for Parents/Carers only. Unfortunately no babies or children are allowed to attend.

We will contact you to confirm details of a place.

My emotions



I can't tell you how I feel or what my emotions do but I can show you.

It's all mixed up and sharp. If people don't notice it they may get hurt.

James Wesley

Application Form for ASD and SCD Parents/Carers Training Sessions

Parent/carers name(s):

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Number of Attendees:

Address:

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Postcode:

Email:

Telephone No:

Does your ASD/SCD child/children attend:

- A Nursery or Pre-School provision?
- Mainstream School or Special School?
(please delete as appropriate)

Is a member of staff from your child's setting is available to attend? Y/N

Are any agencies currently supporting your child? Y/N

Names and ages of all children in family:

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To apply, please email the above details to:

Inclusionandinterventiontraining@milton-keynes.gov.uk